



To:	Mental Health Plan and Drug Medi-Cal Organized Delivery System Beneficiaries
From:	Behavioral Health Services
Date:	December 1, 2023
Title	Beneficiary Handbook – Notice of Significant Changes

When you first started receiving services at our program, you were offered a copy of a Beneficiary Handbook which explained your benefits, how to get care, and answered questions about the County of San Diego’s Behavioral Health Services system.

For 2024, the Mental Health Plan (MHP) and Drug Medi-Cal Organized Delivery System (DMC-ODS) beneficiary handbooks have been updated to align with Department of Health Care Services policies released between December 2022 through August 2023. Both handbooks will be available beginning January 1, 2024.

Attached to this notification is a summary of changes to the Beneficiary Handbook, which is also available on the [Optum – Consumers & Families website](#) or by using the links below:

- Optum - Consumers & Families:
 - https://www.optumsandiego.com/content/SanDiego/sandiego/en/consumers_and_families.html

- DMC-ODS:
 - <https://www.optumsandiego.com/content/dam/san-diego/documents/dmc-ods/beneficiary/beneficiary-handbook---summary-of-changes-english-/DMC-ODS%20Beneficiary%20Handbook%20Summary%20of%20Changes%20-%202012-1-23.pdf>

- MHP
 - <https://www.optumsandiego.com/content/dam/san-diego/documents/organizationalproviders/beneficiarymaterials/beneficiary-handbook---summary-of-changes-english-/MHP%20Beneficiary%20Handbook%20Summary%20of%20Changes%20-%202012-1-23.pdf>

For More Information:

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