Accept Feedback from Others

Access Resources/Natural Support in Comm

Address Abuse/Neglect Issues

Address Cultural Identity Issues

Address Gender Identity/Practices Issues

Address Outstanding Financial Issues

Address Outstanding Legal Issues

Address Sexual Issues

Assessment of Risk

Attend 12-Step Meetings Regularly

Attend Classes

Complete Treatment as Planned

Complete Withdrawal/Detox Phase

Comply with Drug/Alcohol Screens

Comply with Laws

Develop Artistic/Creative Activities

Develop Coping Skills to Manage Issue(s)

Develop Recreational/Leisure Activities

Develop Wellness Recovery Action Plan

Develop/Follow Routine or Structure

Develop/Practice Personal Safety Skills

Develop/Use Relapse Prevention Plan

Educate Parent/Guardian

Educate Spouse/Partner

Educate Support System/Family/Friends

Encourage Connection to PrimaryCare Prov

Engage with Peer Recovery Resources

Evaluate/Change/Stabilize LivingSituatio

Expand and Utilize Support System

Explore Spirituality

Identify/Access Community Activities

Identify Alternative Behaviors

Identify Barriers

Identify Behavioral Consequences

Identify Irrational Thoughts

Identify Medication Side Effects

Identify Patterns in Compulsive Behavior

Identify Personal Strengths

Identify Physical Health Care Needs

Identify Resources/Natural Support in Com

Identify Triggers for Behavior

Improve Self Identity/Esteem

Increase Periods of Abstinence

Learn to Identify Symptoms

Learn/Follow Housing Rules

Learn/Pract Appropriate Emotional Expres

Learn/Practice Alternative Behaviors

Learn/Practice Anger Management

Learn/Practice Communication Skills

Learn/Practice Community Living Skills

Learn/Practice Coping Skills

Learn/Practice Goal Setting

Learn/Practice Good Nutrition

Learn/Practice Good Sleep Habits

Learn/Practice Healthy Boundaries

Learn/Practice Healthy Disagreement

Learn/Practice Identifying Needs

Learn/Practice Maintaining Friendships

Learn/Practice Medication Adherence

Learn/Practice Money Management

Learn/Practice Organization and Planning

Learn/Practice Pers Daily Living Skills

Learn/Practice Problem Solving Skills

Learn/Practice Regular Exercise

Learn/Practice Relaxation Techniques

Learn/Practice Safe Sex

Learn/Practice Self-Monitoring

Learn/Practice Social Skills

Learn/Practice Symptom Management

Linkage to PCP or Comm’ty Medical Clinic

Obtain Medication Services

Other

Participate in Recovery Classes

Participate in Reunification Plan

Reduce Avoidance and Isolation

Reduce Compulsive/Addictive Behavior

Reduce Family Stress

Reduce Frequency/Intensity of Symptoms

Reduce Hopelessness and Desperation

Reduce Hospitalization

Reduce Incarceration

Reduce Individual Level of Stress

Reduce Physical Aggression

Reduce Risk of Harm

Reduce Self-Injurious Behaviors

Reduce Social Anxiety

Reduce Use of Drugs Including Alcohol

Schedule/Attend Neuropsychological Eval

Understand Need for Medication